

**BOTTOM LINE:** The Fruit of the Spirit can help us in any situation.

**OBJECTIVE:** To teach children that through a relationship with God we can bear the Fruits of the Spirit in our hearts.

**KEY PASSAGE:** Galatians 5:22-23

**MEMORY VERSE:** "I am the vine; you are the branches. If you remain in me and I in you, you will be an accept from the vine; you are the branches. If you remain in me and I in you, you

will bear much fruit; apart from me you can do nothing." John 15:5 (NIV)



## **GALATIANS 5:22-23**

22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.

In Galatians 5 of the Bible, God teaches us about the "Fruit of the Spirit". When we invite God to live in our lives- the Fruit of the Spirit lives in our hearts. Have you ever had a rotten or old fruit? How did it taste? Yucky! Yes, God only wants us to have delicious, good fruit. Rotten fruit resemble things like anger, selfishness or jealousy. "Fruit of the Spirit" include actions like love, patience and kindness. So talking about delicious, fresh fruit helps us to remember the kinds of traits God wants us to have.









When we learn to love God (through prayer, song, church, study) we naturally want to love others. **God's love in our lives helps us to bear good fruit.** Show a fruit with the written word or printout image as you speak about each one. Ask children what each word means and briefly discuss together:

- **Love-** Let's show love to my family & friends! Being thoughtful & thinking of others.
- **Joy-** Being happy for my friend or being joyful even when I'm tired or grumpy.
- Peace- Having a peaceful heart- not worrying. Playing peacefully without arguments.
- Patience- Joy comes in waiting! Waiting patiently for my birthday present.
- Kindness- Show kindness to everyone, even those hardest to love.
- **Goodness-** Being a helper to my parents and others, even when I don't feel like it.
- Faithfulness- Spending time with God in prayer, song or study.
- **Gentleness-** Using gentle hands and gentle words when playing with my friends.
- **Self-control-** Listening to my parents when they know what's best for me & being content with what I have.







