

Jesus Appeared to Mary and Thomas

Text Truth: We are called to believe that Jesus is Lord

Bible Story: John 20:11-31

Memory Verse: Luke 24:6

Christ in Context: The Book of John reveals Jesus as the Word of God who became flesh. Jesus used the personal name of God, I am, seven times in the Gospel to declare that He is God.

Key Points

- Jesus is the Messiah, the Son of God
- Jesus helped Thomas and Mary understand the truth about His resurrection

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John 20:11-31

On Sunday morning, after the women found the empty tomb, Mary Magdalene stood outside the tomb and cried. Mary turned around and saw Jesus standing there, but she did not recognize Him.

Jesus asked her, "Why are you crying? Who is it you are seeking?"

Mary thought that Jesus was a gardener. "Sir, please tell me where you have put Him."

"Mary." Jesus called her name.

Mary turned around, "Rabboni" she said. Rabboni means teacher in the Aramaic language.

Mary hurried to tell the disciples, "I have seen the Lord!"

On Sunday evening after Jesus' death, the disciples were together. They were afraid, so they had the doors locked. Suddenly, Jesus stood in front of them. He said, "Peace to you!"

The disciples realized that it really was Jesus and they celebrated. Thomas, one of the disciples, was not in the room when Jesus appeared. The others told him, "We have seen Jesus!"

Thomas did not believe the disciples. Thomas told them, "Unless I see the marks in His hands, I will never believe!"

Eight days later, the disciples were once again inside. This time Thomas was with them. Again the doors were locked, but that didn't stop Jesus. Jesus came and stood with the disciples. He said, "Peace to you."

Next, Jesus spoke to Thomas. "Look at my hands and touch them. Don't be an unbeliever, but a believer."

Thomas answered, "my Lord and my God." He believed!!

Jesus said, "You have seen Me, so you have believed. Those who believe without seeing are blessed."

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Activity

Doubt It?

Tools: paper, pencils, dry erase board and marker

- Distribute a blank sheet of paper and pencil to your child
- Instruct your child to number their papers 1-8.
- Explain that you are going to read several statements.
- If the child doubts the statement is true, he should write an exclamation mark.
- For example: "If I say, 'The sky is blue,' do you doubt it or do you believe it? If you doubt it, draw a question mark . If you believe it draw an exclamation mark.
- Make sure there are no questions
- Read all of the following statements , allowing children to answer before revealing if the statement is true or false:
 1. Geese have been used as a security guards at prisons in Brazil (!)
 2. The average heart of a school aged child beats 30 times in a minute (?, 70-115)
 3. Worker ants take an average of 250 naps a day (!)
 4. One single could can weigh as much as 1 million pounds (!)
 5. There are about 70 different kinds of sharks (?, over 500)
 6. It takes over a year for a pineapple to grow to full size (!)
 7. There are over 7,000 spoken languages (!)
 8. A cow gives almost 200,000 glasses of milk in its lifetime(1)

Say: "Sometimes it can be difficult to believe things that we cannot see, but we are called to believe that Jesus is our Lord and Savior.

Prayer

Jesus, we praise you because you live! Help everyone that does not believe, know that they can trust you as Lord and Savior.